

MASSAGES

SHORT PLEASURE

With a lasting relaxing effect ...

Your tense, tired muscles will be eased by this individual massage and pressure point techniques.

BACK AND NECK MASSAGE	25 min	CHF 60.-
HEAD AND FACIAL MASSAGE	25 min	CHF 60.-
LEG AND FOOT MASSAGE	25 min	CHF 60.-

CLASSIC MASSAGE

This Massage is soothing, relax joints and nerves to achieve a feeling of general wellbeing. Through targeted massage techniques tension will be released and circulation stimulated.

50 min	CHF 105.-
80 min	CHF 145.-

AROMA OIL MASSAGE

Essential oils revitalize and soothe, relax and will take you away into a world of wellbeing. Select your own aroma essence.

50 min	CHF 110.-
80 min	CHF 150.-

SPORTS MASSAGE

To regenerate and activate muscles before and after exercise. This massage is a combination deep tissue techniques, trigger point treatment and stretching exercises.

50 min	CHF 115.-
80 min	CHF 155.-

REFLEXOLOGY, INCLUDING FOOT BATH

Foot reflex points are massaged for a holistic effect. This massage helps to improve sleep and energy levels, reduce stress and provide a sense of balance.

50 min	CHF 110.-
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BACK AND NECK MASSAGE WITH REFLEXOLOGY

Combined treatment for best relaxation.

50 min	CHF 110.-
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LYMPHATIC DRAINAGE

Soothing and rhythmic massage strokes activate the lymphatic flow, purify the connective tissue and improve the supply of nutrients to the cells. The treatment drains excess fluids and purifies.

50 min	CHF 110.-
80 min	CHF 150.-

SPECIALTY MASSAGES

SCHLOSSHOTEL SIGNATURE MASSAGE

Enjoy the Schlosshotel massage experience. Five different treatments in the form of an exclusive massage with one goal: your relaxation.

75 min	CHF 160.-
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SKIER / MOUNTAIN CLIMBER MASSAGE

This massage makes tired legs fit: A pleasant mountain pine bath refreshes tired legs. Then a relaxing foot and leg massage as well as treatment of the trigger points contribute to the optimal regeneration of the muscles. So nothing stands in the way of the next ski or hiking day.

55 min	CHF 115.-
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HOT STONE MASSAGE

Warm Basalt stones are used with classical massage and aroma oils to reduce stress and tension as well as to release energy blockages. The warmth of the stones helps to calm your body and mind.

50 min	CHF 115.-
80 min	CHF 155.-

BODY TREATMENTS

Reserve some time...Just for you.

A place where you will be wrapped into a cocoon of natural goodness. Whether acne, cellulitis, dry skin or simply pampering yourself. Take the time to give your body the treatment it deserves.

SEASALT BODY PEELING

Natural sea salt and oil mix removes dead skin cells while adding moisture.

25 min	CHF 55.-
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SHEA BUTTER WRAP

Shea Butter moisturizes the skin leaving it relaxed and radiant

25 min	CHF 60.-
With body peeling 55 min	CHF 110.-

THALASSO WRAP

Freshly prepared seaweed helps you to detox and clean the skin.

25 min	CHF 65.-
with body peeling 55 min	CHF 115.-